

YOUTH
EXCHANGE

Find your Wild

10. 8. - 17. 8. 2026

Idrija, Slovenia



MLADINSKI
CENTER
IDRIJA



Co-funded by
the European Union

ABOUT EXCHANGE

Who is it for?

- Young people interested in **nature, outdoor activities**, sports, and games
- for those who are eager to gain **practical outdoor and teamwork skills**
- for those who are interested in **spending time in nature** and learning through natural surroundings
- for those who are looking for a fun, supportive, and international experience
- especially suitable for **participants joining a youth exchange for the first time**





WHO CAN APPLY

AGE: from 14 to 17


NUMBER OF PARTICIPANTS PER COUNTRY: 5 youth + 1 leader (**18 +, with group leading experience**)

DATES:

- arrival day **9. 8.** / departure day **18. 8.**
- start of exchange 10. 8. / end of exchange 17. 8.

It is important that the participants are prepared for active cooperation, staying in nature, ready to explore different things and are open to new experience.

Participants should be interested in meeting new people, cultures and open to learn about others and from others.



Group leaders will be provided by the partner organisation and will be responsible for all arrangements.

APV



ADVANCED PREPARATORY VISIT

- DATES: **3.7. to 5.7. 2026** (in Idrija, Slovenia) - arrival and departure day included
- WHO: **group leaders** (1 from each partner country)
- PURPOSE: getting to know each other/place and discuss all important aspects of the YE



PREPARATIONS

ARRIVAL DAY: 9TH OF AUGUST

DEPARTURE DAY: 18TH OF AUGUST

Find transport tickets (to arrive on **9th August** and leave not earlier than on **18th August** in the morning from Idrija) and let us know about your arrival time.

We encourage you to take **public means of transport**.

Make sure you keep all travel documents!! Online boarding passes and tickets can be forwarded by e-mail as well.

Make sure you have an active **European Health Insurance Card** (or order it).



| Travel distance | Green travel | Non-Green travel |
|-----------------|--------------|------------------|
| 10 – 99 km | 56 EUR | 28 EUR |
| 100 – 499 km | 285 EUR | 211 EUR |
| 500 – 1999 km | 417 EUR | 309 EUR |
| 2000 – 2999 km | 535 EUR | 395 EUR |
| 3000 – 3999 km | 785 EUR | 580 EUR |
| 4000 – 7999 km | 1188 EUR | 1188 EUR |

TRANSPORTATION

ARRIVING TO SLOVENIA

BY BUS

Flixbus from all major European cities to Ljubljana main station.



TRAVEL GREEN!

- see more
- get extra travel days

BY TRAIN

Train to Ljubljana from all major European cities. For searching optimal connections <https://www.thetrainline.com/>

BY PLANE - Airports nearby

- Ljubljana (LJU),
- Graz (GRZ),
- Zagreb (ZAG),
- Trieste (TRS)
- Treviso (TSF).



There are shuttle buses available from all the surrounding airports by a company called GoOpti. It works like the public transport, but it is much faster and more adaptable.

HOW TO GET FROM LJUBLJANA TO IDRIJA? →

TRANSPORTATION

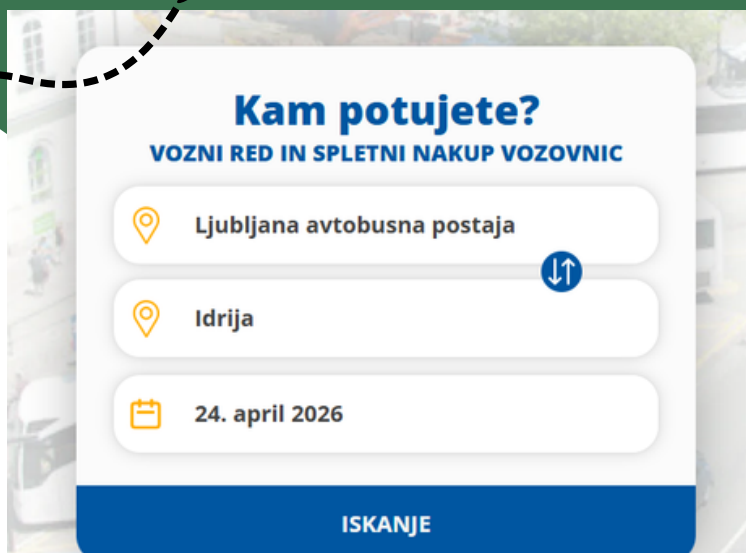
ARRIVING TO IDRİJA

If you arrive to Ljubljana (or Logatec petrol station), the bus schedule is available on [this website](https://www.ap-ljubljana.si) (AP-Ljubljana.si)

You can buy the tickets via the website with a credit card or you can buy them **directly at the driver with cash** or at the main bus station.

ONLY WITH CASH!

Once you are at the bus station in Ljubljana, the bus will depart from somewhere between the platforms **11 and 13** (the board above the bus station will show the exact platform).



The screenshot shows a mobile application interface for searching bus tickets. At the top, it asks "Kam potujete?" (Where are you going?) and "VOZNI RED IN SPLETNI NAKUP VOZOVNIC" (Timetable and online ticket purchase). Below this, there are three input fields: the first contains "Ljubljana avtobusna postaja" (Ljubljana bus station) with a location pin icon and a swap button; the second contains "Idrija" with a location pin icon; the third contains "24. april 2026" with a calendar icon. At the bottom, there is a blue button labeled "ISKANJE" (Search).


FOOD



All **three meals*** (breakfast, lunch, dinner) will be provided by the host organisation.

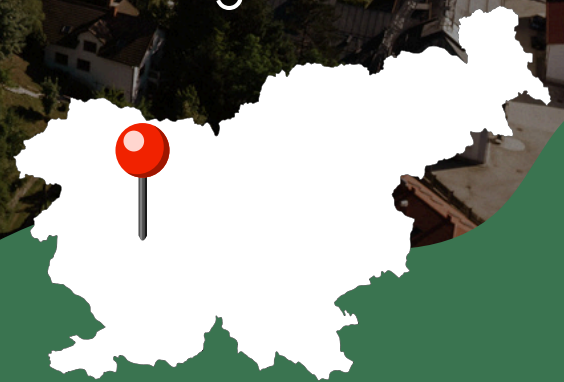
*In the form that will be sent to you later, you will have space to indicate any special requirements regarding food, etc.

These are žlikrofi,
traditional idrijan
pasta dish!



BRIEFLY ABOUT **IDRIJA**

Idrija is a town of some 6.000 inhabitants, and is located in Western Slovenia, halfway between Slovenian capital, Ljubljana, and the Italian border. It is a seat of municipality and functions as a centre of a broader Idrija-Cerkno region.



Idrija is a town of rich cultural and natural heritage. It boasts the title of “**the oldest Slovenian mining town**” as the first miners began to search for mercury here already in 1490. Later, 2nd largest mercury mine developed and Idrija became one of the most important mining centres in Central Europe.

The broader town area is since 2012 inscribed to **UNESCO World Heritage List** with its heritage of mercury.

The accommodation will be provided at Hostel Idrija, a youth hostel managed by Idrija Youth Center. It is located less than a 10-minute walk from the town center.

Rooms will be shared by 2 people while the kitchen, living room area and bathrooms will be shared by the whole group.

Bedsheets and towels are provided.



Hostel Idrija, Ulica IX. korpusa 17, 5280 Idrija

E: hostel@mcidrija.si T: +386 40 808 022

<https://booki.ng/2IkL12G>



ACCOMODATION

WHAT TO PACK?

Pack some **sports or hiking shoes and clothes** that can get dirty for the outdoor workshops and games.

Part of the exchange will take place outdoors. If you have a **sleeping bag** and **flashlight** please bring it with you.

Note that:

- there is no phone signal!
- shared sleeping arrangements,
- shared bathroom.



We will be spending a few days outdoors where there is **no phone signal!**



GOT QUESTIONS?

Contact:

Nives Istenič (+386 40 150 296); nives.istenic@mcidrija.si

Tomaz Rupnik (+386 51 231 049); tomaz.rupnik@mcidrija.si



JOIN US!

FIND YOUR WILD

Idrija, Slovenia

10.8. - 17.8. 2026

Applications will be submitted through your **sending organization!**



BASIC SLOVENIAN

NUMBERS

Ena (1), dva (2), tri (3), štiri (4), pet (5), šest (6), sedem (7), osem (8), devet (9), deset (10)

BASICS

| | |
|-----------------|-------------------|
| Dobro jutro | Good morning |
| Dober dan | Hello, good daz |
| Dober večer | Good evening |
| Lahko noč | Good night |
| Živijo! | Hi! |
| Se vidimo! | See you |
| Dober tek! | Bon appetit |
| Me veseli! | Nice to meet you! |
| Koliko je ura? | What's the time? |
| Moje ime je ... | My name is ... |
| Kako si? | How are you? |
| Hvala! | Thank you! |
| Ja / Ne | Yes / No |



IMPORTANT ADDRESSES:

Idrija Hospital: Ulica Otona Zupančiča 3

Pharmacy: Arkova ulica 4

Hostel/Youth Center: Ulica IX. korpusa 17

IMPORTANT NUMBERS:

- Police: 113
- Ambulance: 112
- International code for Slovenia: 00 386
- Youth centre phone number: 00 386 51 231 049
- Hostel phone number: 00 386 40 808 022