

European Solidarity Corps

1 vacancy

12 months



Place: Raval de Cristo town

# INFOPACK

## LA SEGONA VOLTA

***We work for the environment and raise awareness about sustainability***



EUROPEAN  
SOLIDARITY  
CORPS

Dear volunteer,

We are **Obre't'ebre, the coordinating organization** for 10 different projects in Terres de l'Ebre and **La Segona Volta** is one of them.

Thank you for your interest in participating, contributing, and cooperating with INTEGRATION FOR ALL. Please, read the information below in this guide where you can find useful information about our ECS project in Terres de l'Ebre, in Catalonia.

Please, do not hesitate to contact us with any of your questions!

**Coordinator organization:** Obre't Ebre

 @associacioobretebre

 @obretebre

 [www.obretebre.org](http://www.obretebre.org) E-mail:

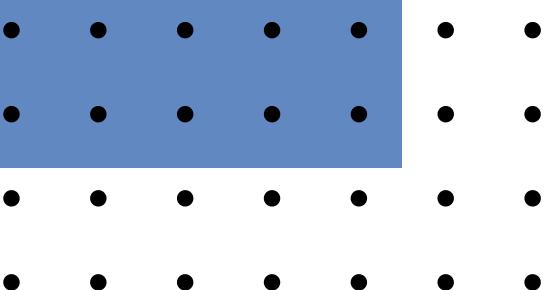
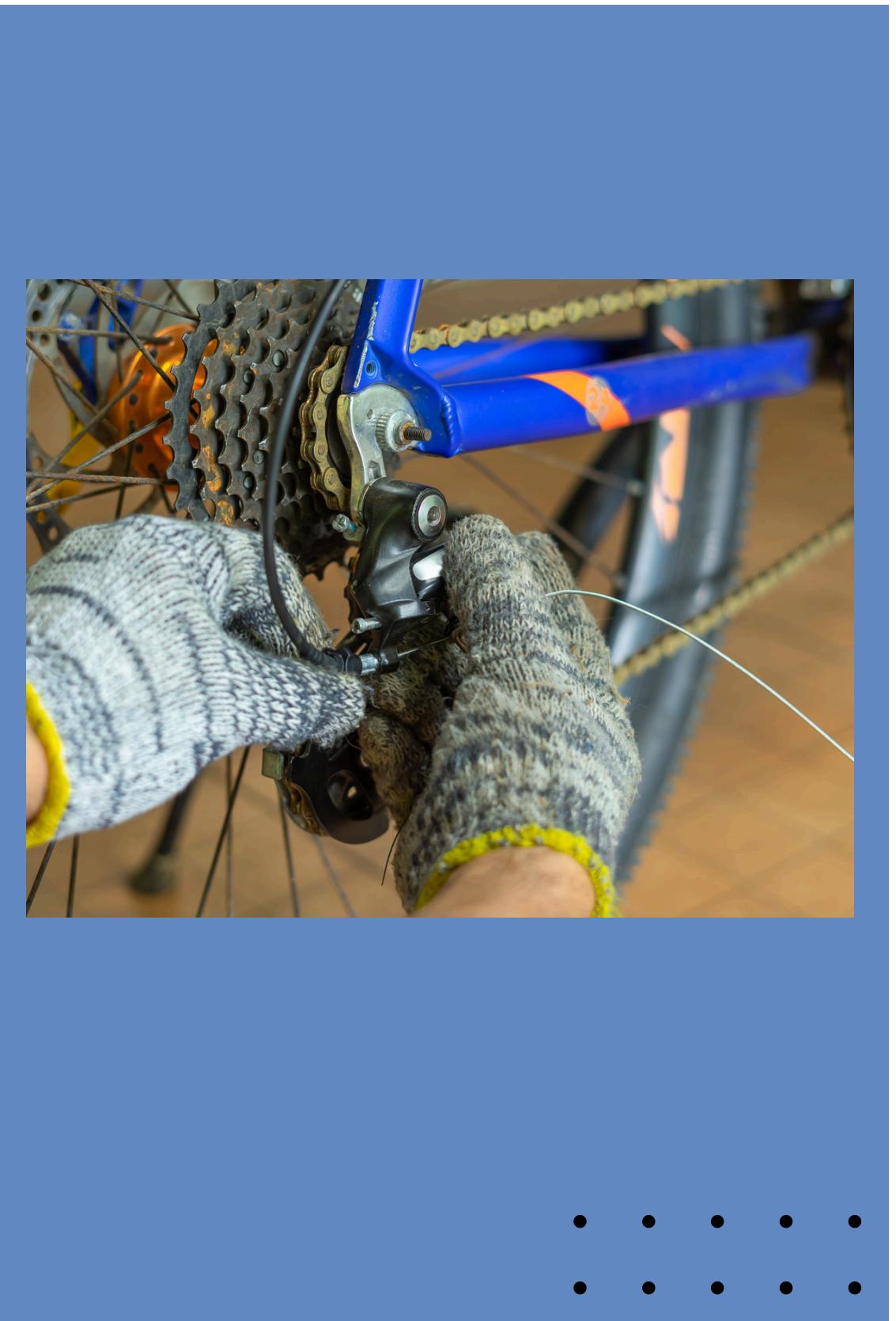
 [mobilitat.obretebre@sinergia.org](mailto:mobilitat.obretebre@sinergia.org)

Obre't'ebre team

# Who we are

**La Segona Volta** is a non-profit organization that recovers and sells second-hand goods to prevent waste and create jobs. It aims to:

- IMPROVE LOCAL SOCIAL ECONOMY: Creating a selling point for reusable goods (second-hand shop) with affordable prices, Creating jobs, training opportunities for the unemployed, especially vulnerable groups like young people, women, people over 50, the long-term unemployed and the disabled.
- SAVE RESOURCES AND PROTECT THE ENVIRONMENT: Extend the useful life of reusable products and thus reduce the amount of waste that arrives at the landfills, Organise activities to raise awareness and give training to the general public (workshops, courses, markets).All the incoming material is donated by individuals, companies or entities, or recovered from the waste collection centers. Activities: attend the second-hand shop, help to organize, social network to promote our organization, helping to repair good, maintenance tasks.



# What do we do?

## *Circular economy*



*We ensure a second life to some products and objects. That way we reduce waste and create new jobs.*

## *Second hand markets*



*We promote the reusing within the local community*

## *Disseminate, educate and raise awareness*



*Organizing talks and workshops for the community in order to promote the values of reducing, reusing, recycling.*

# Our team

**La Segona Volta is a non lucrative organization. Its board members are volunteers and are involved in all the activities they do.**

## **The board**

...is formed by a group of people dedicated voluntary to the governance of the entity.

## **The professional technical team**

... is formed by a team of 4 people. The cooperative work it is very important within the organisation since every professionals needs to know how to do different tasks.

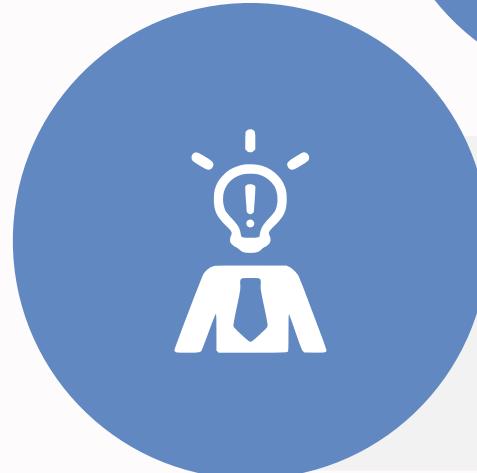
## **Volunteering**

Volunteering is a big part of the la Segona Volta, spirit, essential for the organization to function optimally. They help us make our environment more creative, comfortable, and interesting for everyone. Volunteers are working on developing different tasks related to the organization of the shop, preparing objects, social network promotion or other ideas they might have.

# Volunteer's tasks

HOURS: between 30 and 35h

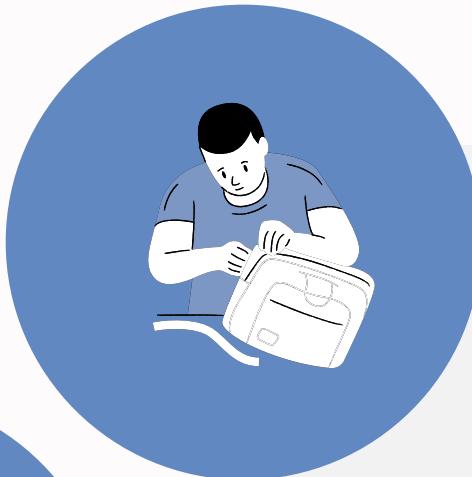
+ catalan lessons 2 h per week



Help repair objects that people from the community bring in the shop, or that are collected at the Green Point



Help preparing workshops and talks in La Segona Volta.



Volunteer ready and prepared to do "whatever is needed" in shop.

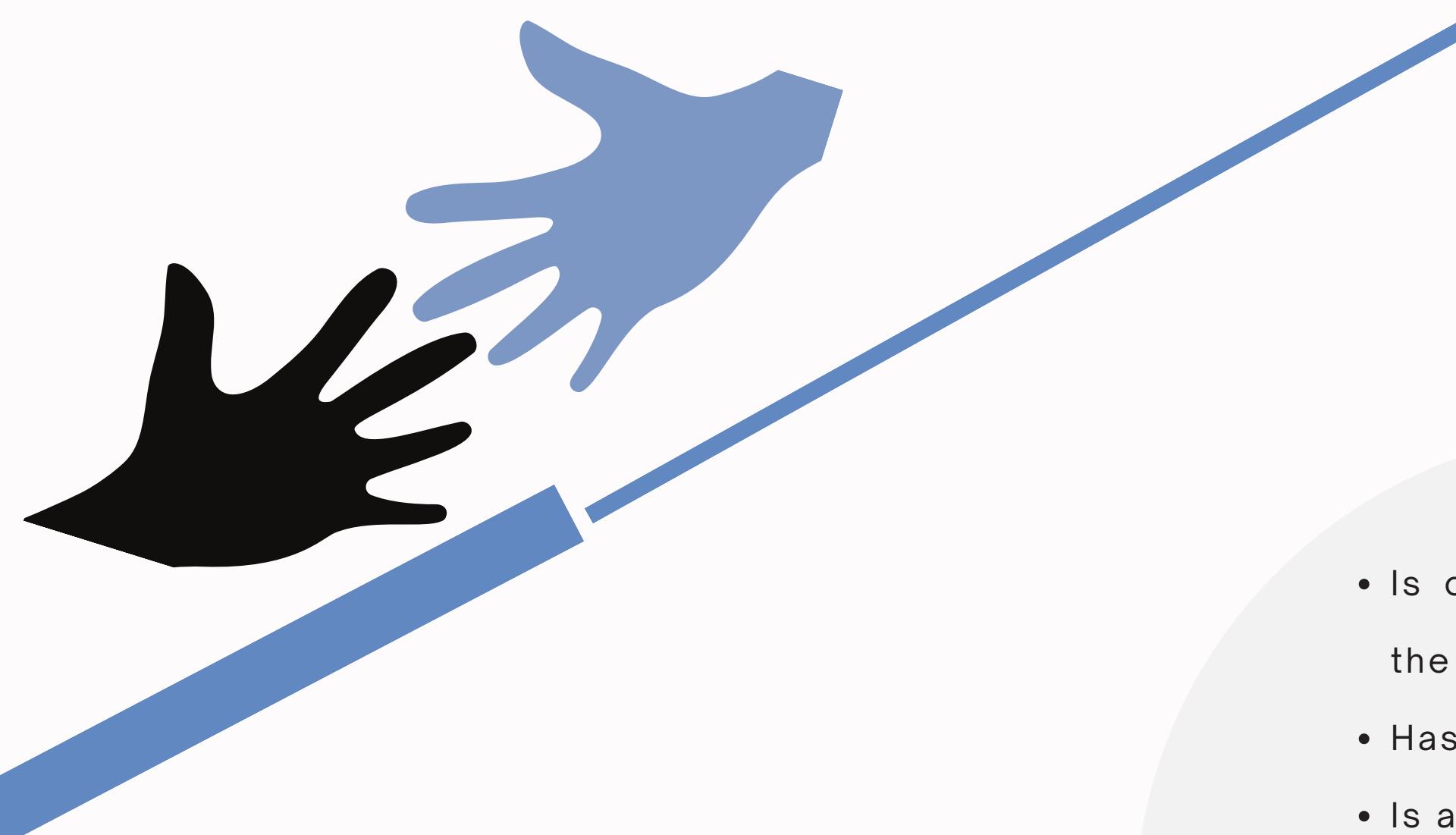
# Volunteer's tasks

Personal Project: Preparing your project is a compulsory activity for your personal development. Always need to coordinate with your hosting organization.



Diffusion of ECS and local participation: the volunteers need to participate at least in 3 different talks (schools, radio, etc) to explain the experience, and to participate in 6 different local actions to get to know the community where they are living (environmental, social, cultural...)





# Volunteer's profile

- Is open-minded towards differences and has an unconditional respect for the others
- Has the ability to communicate with other people
- Is aware that some tasks are physical
- Is interested in working with a diversity of people
- Is willing to do the tasks
- Has previous experience in volunteering at the local level
- Has a personal interest in the topic covered by the association
- Is highly motivated to learn Catalan and Spanish
- Is highly motivated to have relations with the community

# Practical arrangements



- Monthly pocket money at the beginning of each month ( 6 euros per day)



- EU citizen, bring your European Health Insurance Card. For non-EU citizens, we have to apply to Henner Insurance
- Spanish community: do not forget to bring your Social Security Number



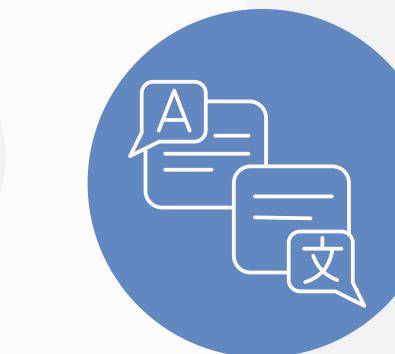
- The shopping list will be done by the volunteers
- The food will be delivered every 2 weeks by a supermarket



- Facilities and rooms (4-6 double beds) are shared.
- Free WIFI
- Sharing the house with other projects is possible.
- Deposit of 100 euros on arrival. Returned at the end if belongings are fine



- Working hours maximum 35 hours per week
- 2 h language per week (Catalan)
- Personal project
- If working weekends, it will be compensated during the week
- 2 days off per month

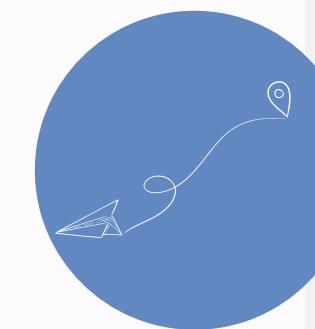


- The language course will consist of Catalan language (the Official Language in Catalonia) and it will be strengthened with language, 2 hours per week (in volunteering or formal courses)

# Practical arrangements



- Volunteers have a mentor. Individual mentoring and group mentoring with other volunteers are compulsory
- Volunteers need to assist with the compulsory training by the National Agency: 1 on arrival and 1 mid-term evaluation.



- Travel costs will be reimbursed after submitting tickets, bills, boarding passes, etc
- Travel costs are based on EU travel grant accordingly to the ESC program



- Visa costs can be covered. First, ask us about the assigned amount
- Ask us for the supporting letters on time
- Make sure of the procedures and dates with your embassy to obtain the visa



- Each volunteer will have a bike, helmet, and a bike lock
- On arrival, volunteers need to know that helmet (10 Euros), bike lock (10 Euros), and bike (60 Euros) are priced at 80 Euros. If volunteers lose, break, or damage the items they will need to replace them

# More information of La Segona Volta

|                  |   |
|------------------|---|
| <b>Facebook</b>  | <a href="https://www.facebook.com/profile.php?id=100006150065564&amp;local_e=es_ES">https://www.facebook.com<br/>/profile.php?<br/>id=100006150065564&amp;local<br/>e=es_ES</a> |
| <b>Instagram</b> | <a href="https://www.instagram.com/lasegonavolta/">https://www.instagram.co<br/>m/lasegonavolta/</a>  |
| <b>Web site</b>  | <a href="https://lasegonavolta.cat/">https://lasegonavolta.cat/</a>   |

*To become a volunteer in La Segona Volta...it is important that the volunteer likes to work with recycling, restoring, organizing and social networking*

