



INFO SHEET

VOLUNTEERIKS

ASSOCIATION IKS
2025.

"If we want to change people, we have to love them. Our influence only goes as far as our love."

Johann Heinrich Pestalozzi

"Without change, something sleeps in us, and rarely wakes up. The sleeper must wake."

Frank Herbert





INFOSHEET "VolunteerIKS"

Dear volunteers,

With this info-sheet we want to give you more detailed information about what to expect from the project, where you will stay, the IKS team, how to contribute etc.

We believe that not only the project but also each volunteer will benefit from this ESC project. Working together for a good cause, living in an international group, meeting new people, exchanging ideas and learning from each other is a special and unique experience. European Solidarity Corps service is a truly great experience!

mobility@udrugaiks.hr

In this info sheet you'll find information;

- **about the organisation**
- **about the volunteering mission**
- **the IKS team**
- **about the activities**
- **what can I expect from the volunteering mission**
- **where will I stay and my volunteering schedule**

WEB PAGE: <https://udrugaiks.hr/>

INSTAGRAM: [udrugaiks](#)

DATES: Earliest from February 2025
12MONTHS)

About the organisation

<https://udrugaiks.hr/>

UDRUGA IKS

IKS was founded by a group of young enthusiasts who wanted to make positive changes in the post-war community. The association was registered on March 12, 2003, with headquarters in Petrinja, Croatia.

From 2003 until today, we have been working to introduce and facilitate positive changes in the area of Petrinja, SMŽ and beyond.

Vision:

A humane, democratic society where Association IKS drives change and fosters positive ideas. We envision a community where members actively find solutions, take initiatives to improve life for all, ensure equal opportunities, and uphold shared values. Together, we create a sustainable future where generations contribute to progress through activism across all areas of society.

Mision:

To empower citizens by developing a sense of responsibility and taking the initiative to advance the whole community.



GOALS OF YOUR VOLUNTEERING MISSION IN PETRINJA

1. PROMOTE AND ENCOURAGE INTERGENERATIONAL SOLIDARITY BETWEEN MARGINALIZED GROUPS IN AN ISOLATED COMMUNITY SUCH AS PETRINJA

2. PLAN, PREPARE, AND IMPLEMENT ACTIVITIES THAT AIM TOWARDS RAISING THE QUALITY OF LIFE OF DIFFERENT COMMUNITY GROUPS IN POST-EARTHQUAKE AREA

3. PROMOTE VALUES AS TOLERANCE, UNDERSTANDING, INTERCULTURAL LEARNING, AWARENESS, SOLIDARITY AND MULTICULTURALIS



Tasks and volunteer activity description

Dear volunteers,

VolunteerIKS is a volunteering position that hides many tasks under its name.

Volunteers will be focused on delivering activities to the most vulnerable groups in our community – elderly and frail people, mentally ill, blind and visually impaired people, socially marginalized members of the community, children and youth while trying to overcome social gaps in a post war and post earthquake community and offer content that aims to connect all community groups. You will be part of the socio-cultural center of Association IKS, both on the center location and in pop-up activities form :)

Target groups you will be able to work with and prepare activities for:

- **blind and visually impaired persons youth**
- **and adult with mental disabilities general**
- **youth in Petrinja and Sisak children (open**
- **workshops and collaboration with kindergardens) beneficiaries from the Home**
- **for mentally ill adults elderly and frail**
- **Local and international volunteers and interns**
- **General community**

Tasks and volunteer activity description

In accordance with the needs of the community, you - the volunteers, under the mentorship of your hosting organisation will get to know the community and analyse their current needs, already existing activities and your personal interest and skills. Your main task will be to take actively part in the life of the organisation and team, plan, design, implement and produce various types of activities in your own creative arrangement that can contribute to improving the quality of life of the community.

-
- **solidarity based activities**
 - **educationl activities**
 - **leisure time activities**
 - **cultural activities and events**
 - **language lessons**
 - **support with the social media**
 - **sharing your skills, interest and knowldge**
 - **need mapping, interviews.....**

Here are some examples of activities that continously happen in our organisation:

-culinary workshops with the blind and visually impaired, creative workshops for youth and adults with mental disabilities, organising public sensibilisation activites and drop in seeing assistance for walks around nature with the blind, civic education workshops at the socio-cultural center, online activities, dance workshops, video production, interviewing local youth about their needs.....

We invite you to check our instagram and facebook page to see more :)



TAMARA



NADJA



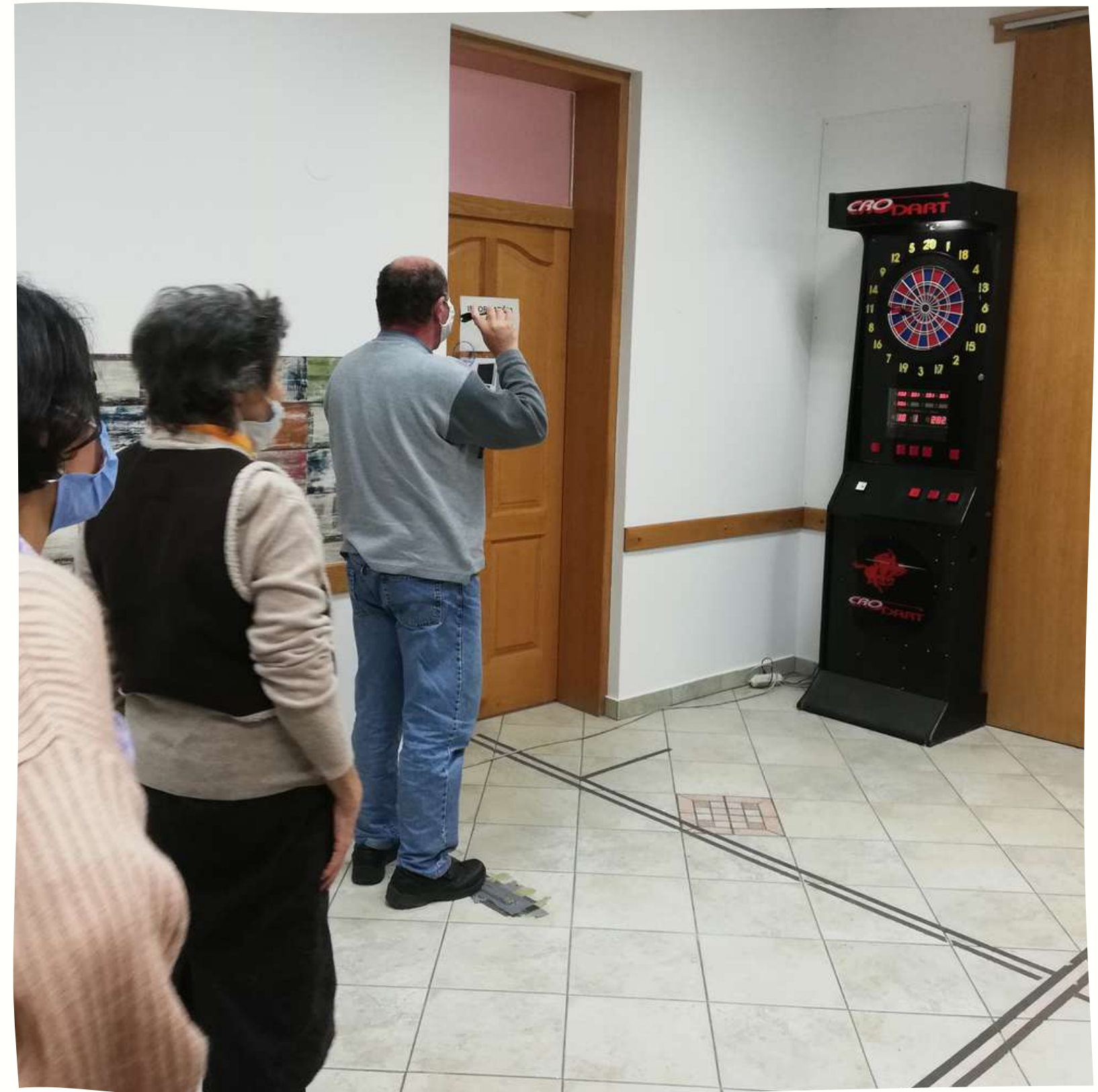
MELITA





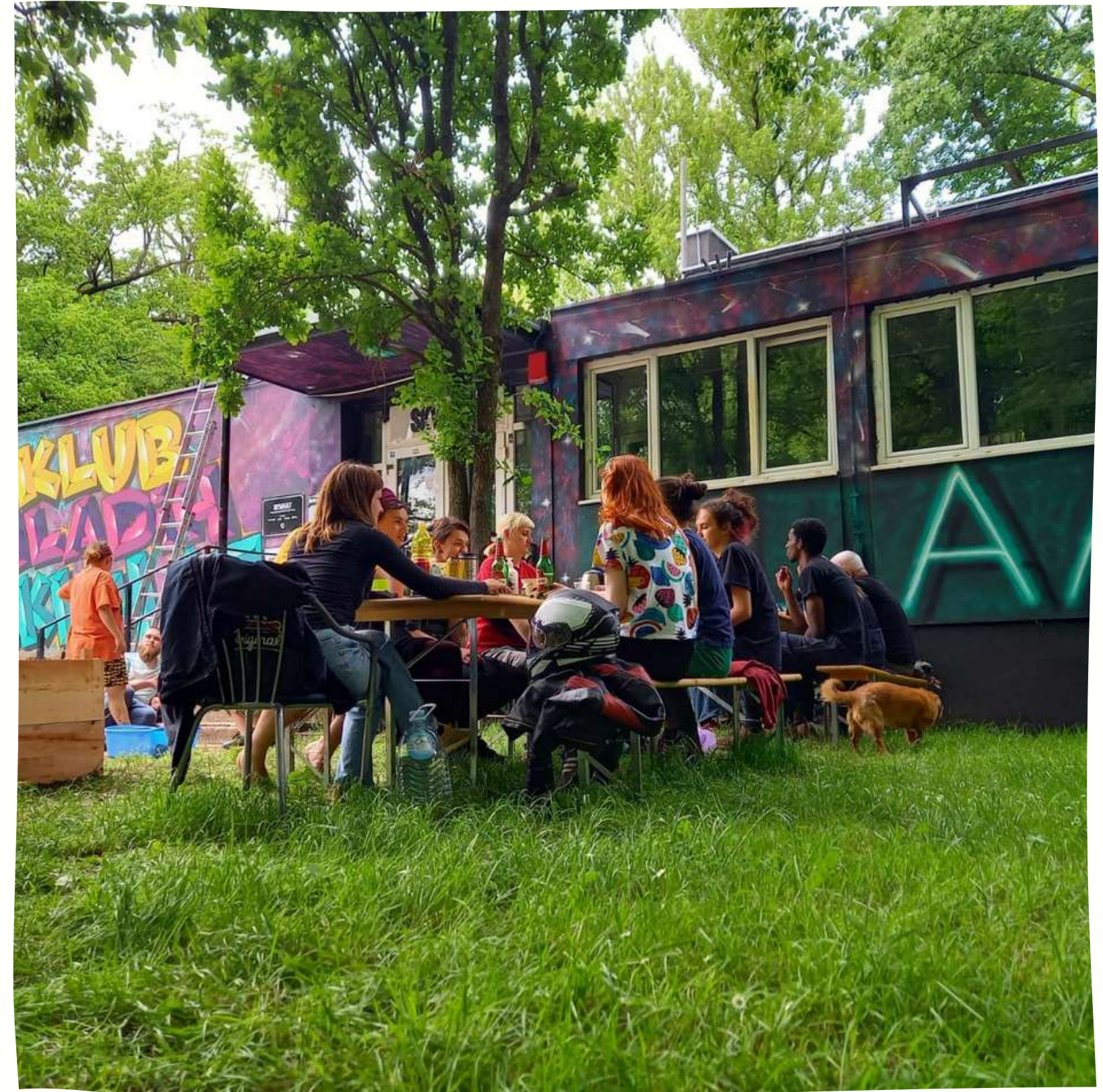
EXAMPLES OF ACTIVITIES THE VOLUNTEERS ORGANISE IN OUR COMMUNITY

BOARD GAMES WITH THE BLIND AND VISUALLY IMPAIRED



COMMUNITY GARDEN ACTIVITIES AT THE UDRUGA

YOUTH CLUB SKWHAT

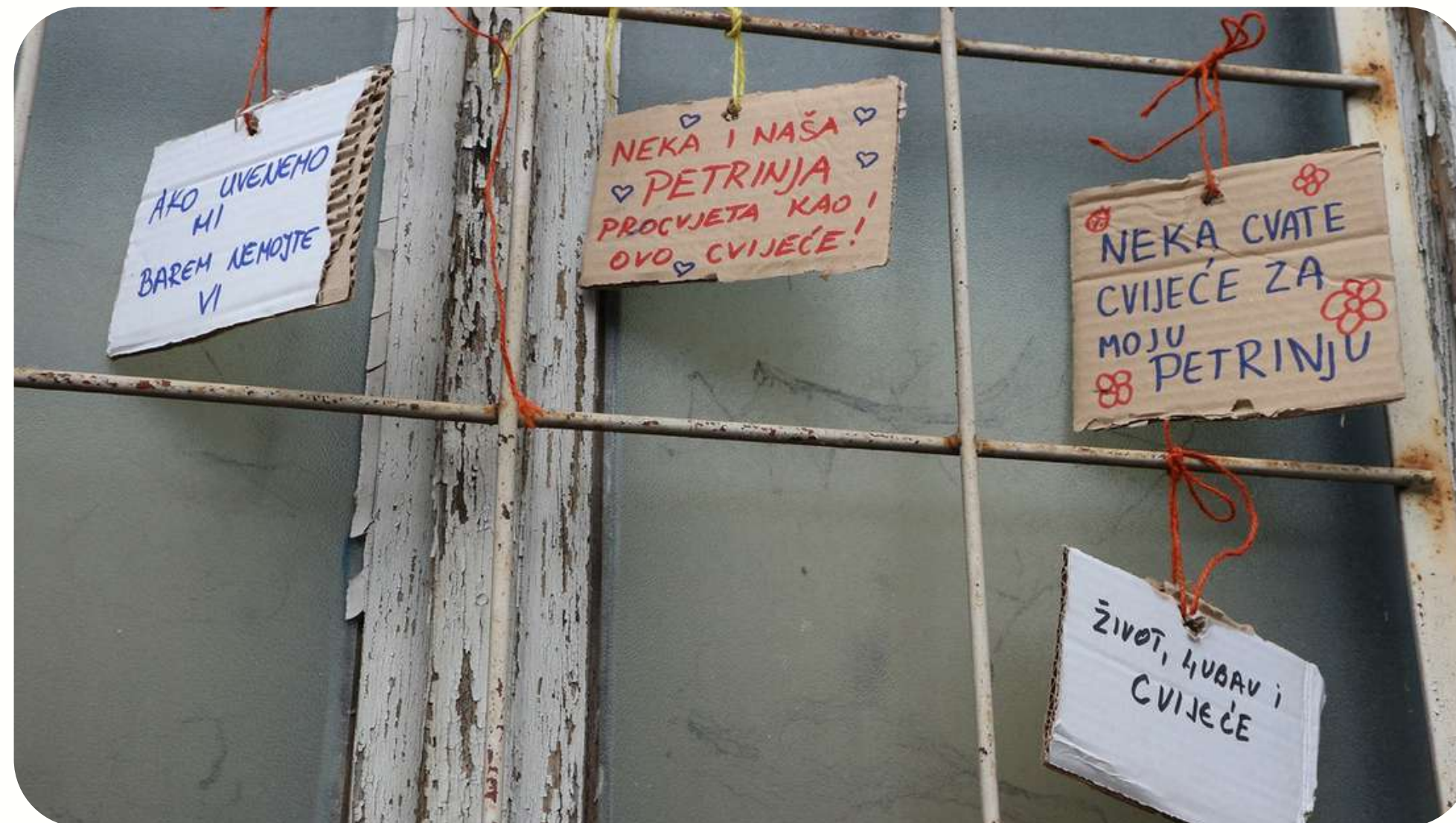




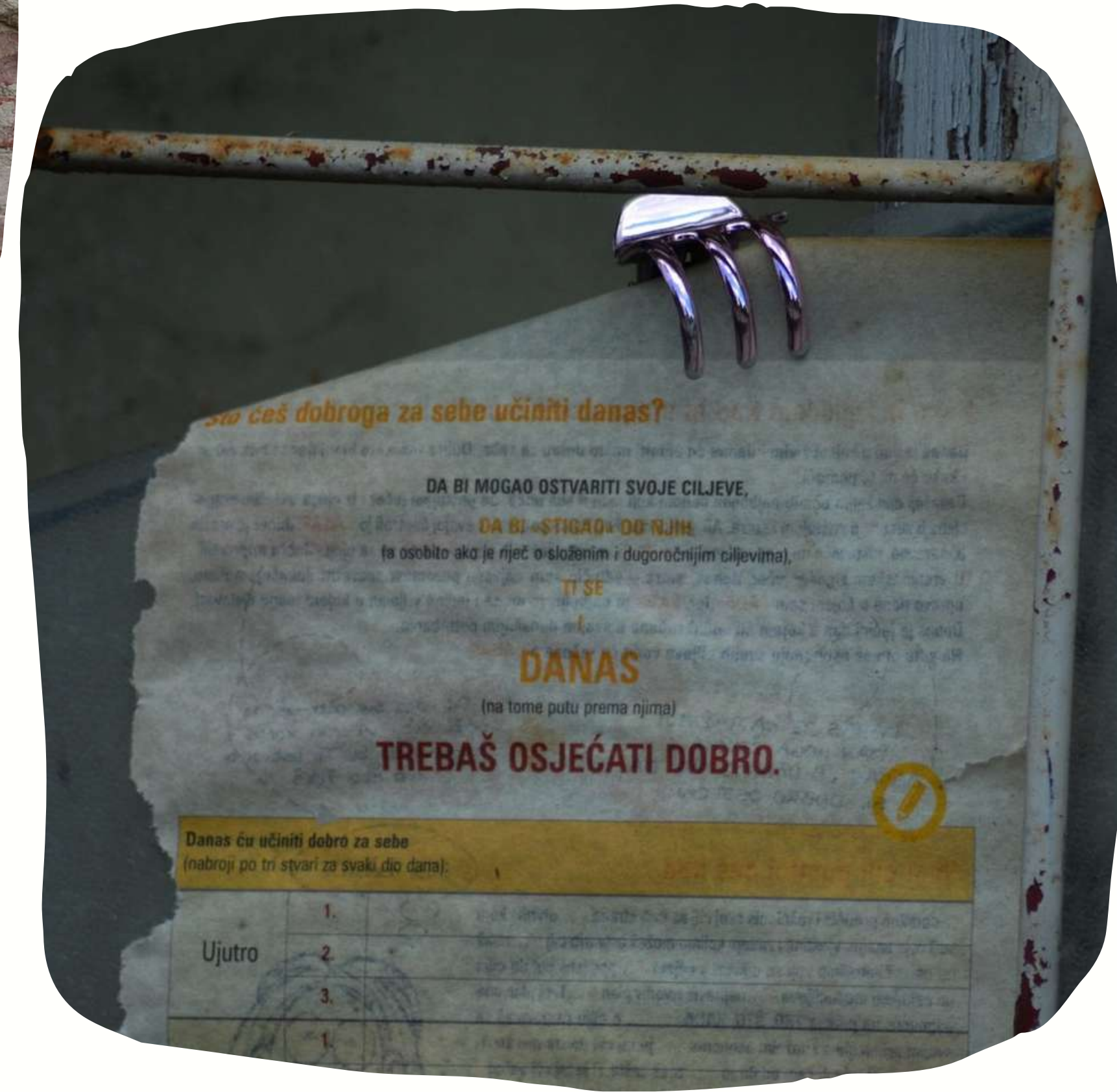
PROMOTION OF MOBILITY OPPORTUNITIES FOR YOUTH



ARTISTIC AND ACTIVISM INTERVENTIONS IN PUBLIC SPACES



ARTISTIC AND ACTIVISM INTERVENTIONS IN PUBLIC SPACES



GARDENING ACTIVITIES WITH THE BLIND AND VISUALLY IMPAIRED



EDUCATIVE ACTIVITIES AT THE KINDERGARDEN



EDUCATIVE ACTIVITIES IN THE LOCAL KINDERGARDENS



SENSIBILISATION WORKSHOPS FOR VOLUNTEERS AND FREE TIME ACTIVITIES FOR BLIND AND VISUALLY IMPAIRED PEOPLE



LET'S GET TO KNOW EACH OTHER THROUGH THE
CULTURE OF THE GAME - A PUBLIC SENSITIZATION
WORKSHOP FOR CITIZENS, HIGH SCHOOL STUDENTS,
YOUNG PEOPLE AND ADULTS WITH DISABILITIES



ACTIVITIES FOR STRENGTHENING INDEPENDENCE IN EVERYDAY LIFE - CULINARY WORKSHOPS WITH YOUNG PEOPLE AND ADULTS WITH INTELLECTUAL DIFFICULTIES



RECYCLE - REUSE MINI PROJECTS OF VOLUNTEERS MAKING USEFUL AND DECORATIVE ITEMS FROM THE REMAINS AROUND TOWN



INCLUSIVE FARMA

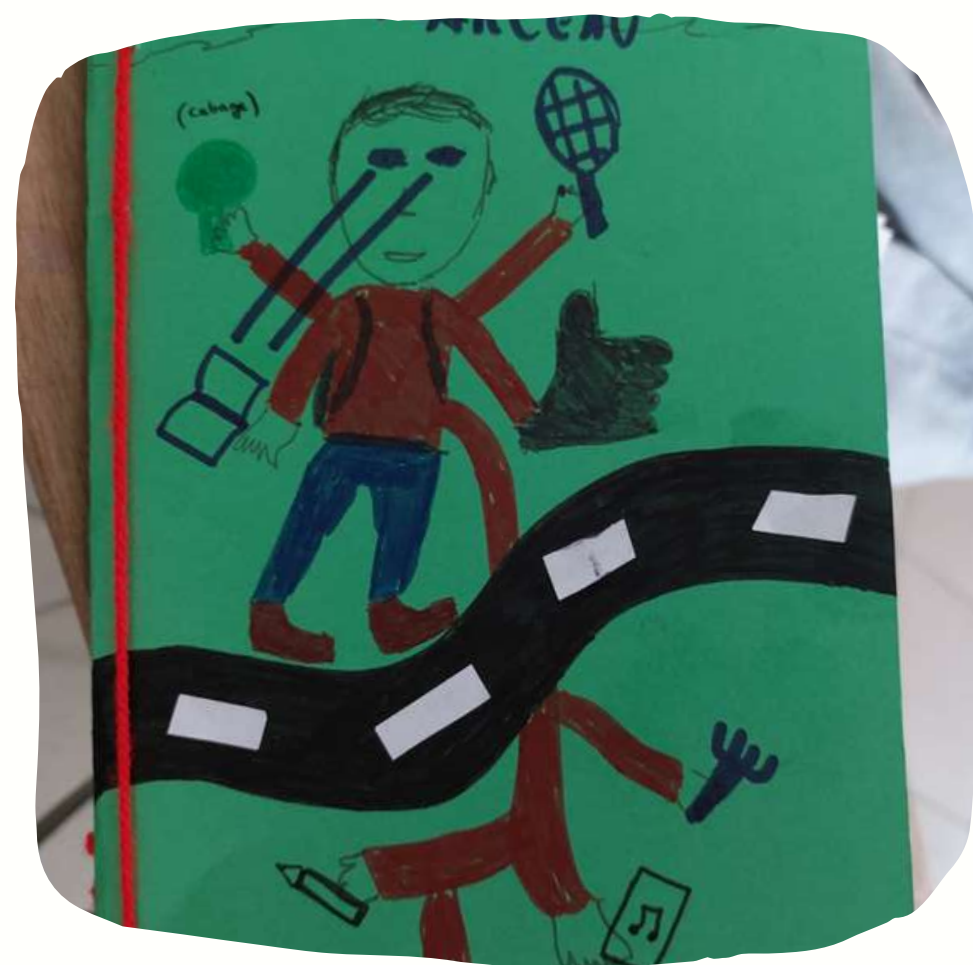
ACTIVITIES



LEISURE TIME ACTIVITIES WITH BENEFICIARIES OF THE HOME FOR ADULTS



HERO JOURNAL AND REFLECTIVE ACTIVITIES FOR VOLUNTEERS



ESC TRAVELING EXHIBITION IN PETRINJA - HOSTING OTHER ESC VOLUNTEERS AND PROMOTING OPPORTUNITIES FOR YOUNG PEOPLE



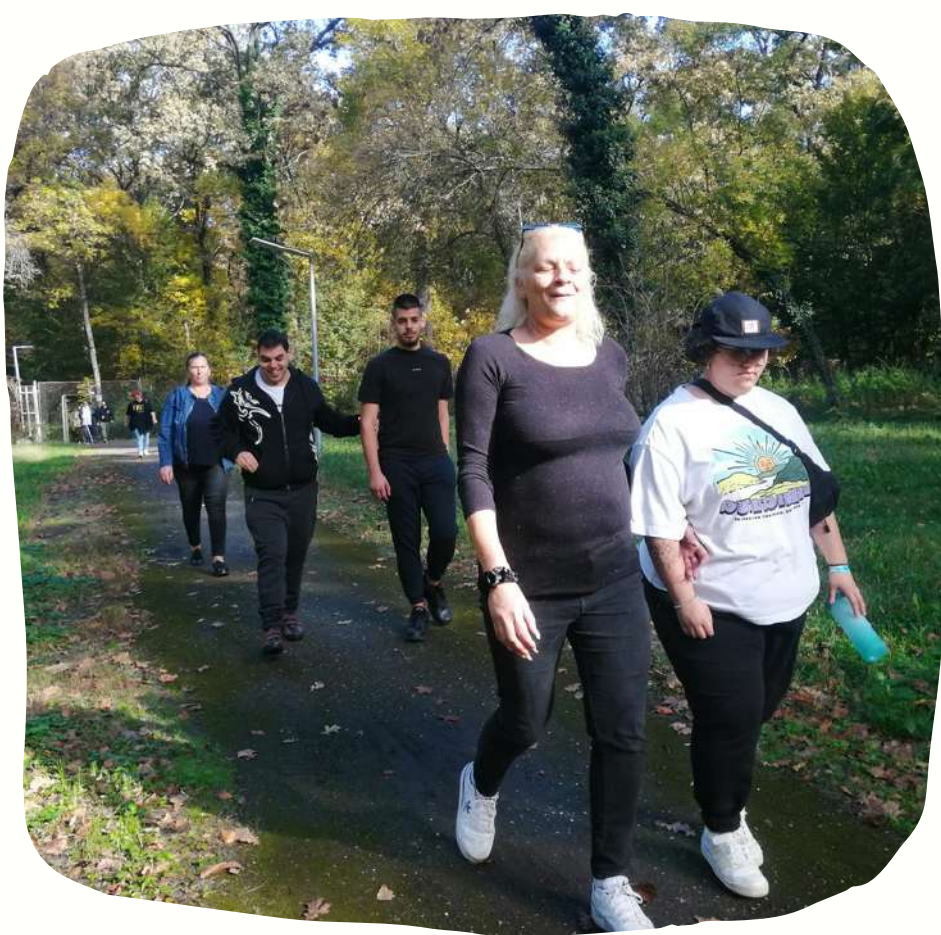
SIGHTED ASSISTANCE AND LEISURE TIME ACTIVITIES FOR BLIND AND PARTIALLY IMPAIRED PERSONS - SPORTS AND RECREATION AT THE POOL



ACTIVITIES FOR CHILDREN AND PROMOTION OF VOLUNTEERING AND OPPORTUNITIES FOR YOUNG PEOPLE IN CITY EVENTS



SIGHTED ASSISTANCE ACTIVITIES - WALKS WITH BLIND AND VISUALLY IMPAIRED PERSONS



ACTIVITIES FOR YOUNG PEOPLE IN THE YOUTH CLUB - FLEE MARKET, HARM REDUCTION CORNER AND OPPORTUNITIES FOR YOUTHS



...AND MANNY MORE THAT YOU WANT TO CREATE...

What can you expect?

During the ESC project:

- Volunteers will work approximately 6-7 hours per day
- Saturdays and Sunday's are free unless there are specific project events or important international days on the weekend in which case they will get weekdays off
- Volunteers will have a mentor, who will provide peer support and assist the volunteer in adjusting to their new environment and help the volunteer with the Youthpass
- Volunteers have a coordinator and supervisor who will be looking after the project and supporting the volunteers' development
- Weekly reflection group meetings with coordinator and other volunteers
- Weekly task (work) related meetings where each volunteer can get individual guidance in planning and conducting their activities

Participation in an ESC project means:

- Commitment to a team experience
- Commitment to working out decisions and problems together
- Being open to learning, sharing and putting ideas into action
- Being sensitive to problems in the community
- Contributing to community development
- Having lots of self motivation and self initiative
- Developing a strong work ethic and transferable employability skills
- Learning about new cultures, new languages and discovering

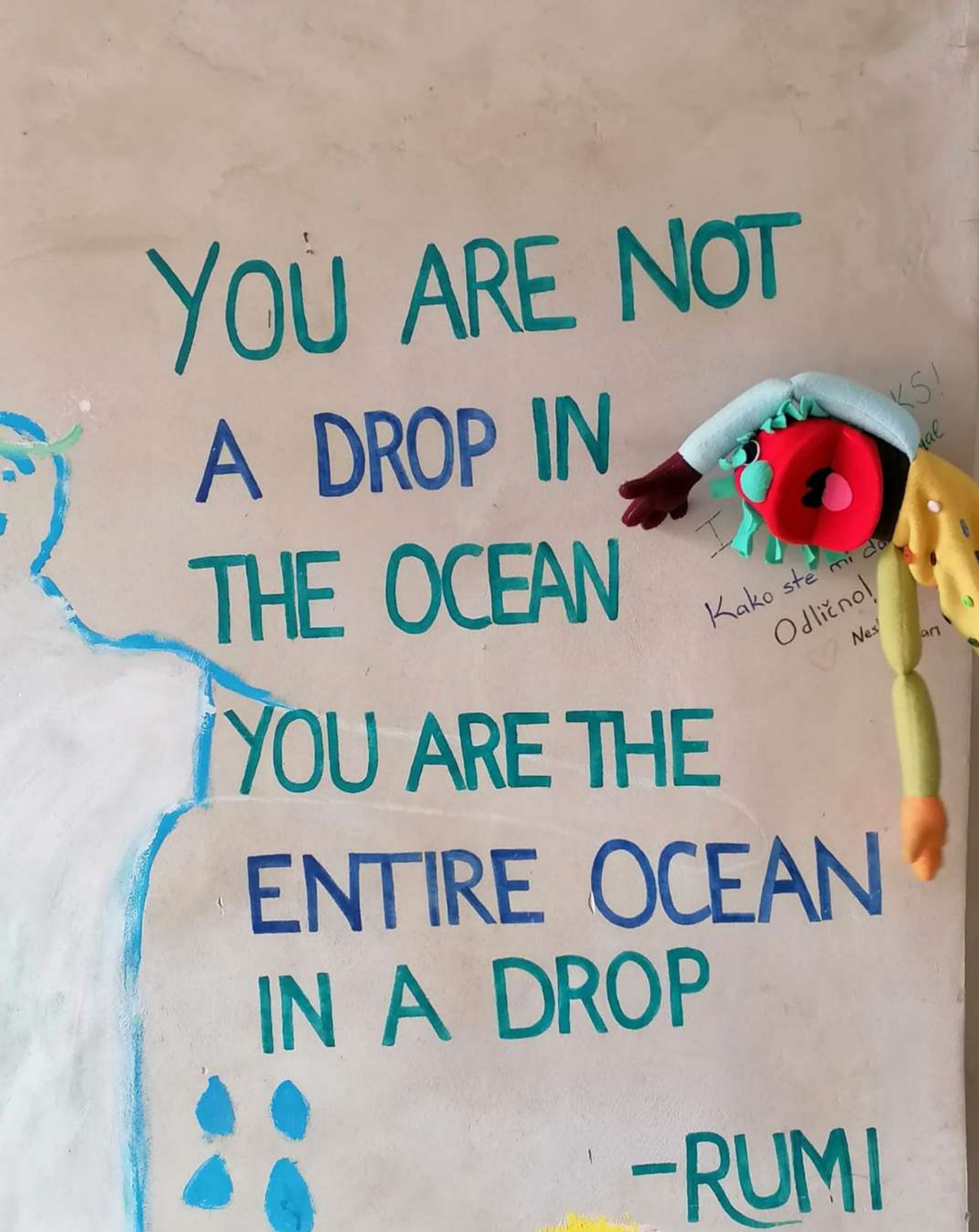
**And, of course,
having fun! :)**

Where will I stay?



Your accommodation will be near the city centre (short walking distance) from the working premisses and you will share the apartment with other volunteers and interns. The apartment will have bedrooms, a shared kitchen and dining room, bathroom and everything else that is needed. Your living and food expenses will be paid for by the European Union project funding and you will also receive pocket money each month. With that, you can cook, share your delicious food with other volunteers, enjoy a cup of coffee in our local coffee shops and buy everything you need for your everyday life.





**"BE THE CHANGE YOU WAN TO SEE IN THE
WORLD"**

-GANDHI (& UDRUGA IKS FAMILY)